

Pre-Ballet 2 **M** **4:30-5:30** **Ages 6-7** **1 Unit** **Red Studio**

Performance, Max Limit = 20

An exciting beginning class for those students whose interest in ballet has just begun. This one hour class introduces the fundamentals of technique as well as focusing on musicality, strength-building, and following directions. The environment in the classroom is more structured; however, the emphasis of the class is on the students' pure joy of dance movement.

Female Students: A VIOLET TCH Short-Sleeve Leotard with attached skirt, a pair of pink tights, ballet shoes, and a bun kit can be ordered via the [TCH Uniform Order Form](#) or purchased at The Culture Stage & Studio Store in Oak Park Mall. (Please see sizing chart and call the store for in-stock availability: 913-291-1972.)

Male Students: Black shoes and some dance apparel available for order or purchase.

BALLET:

Ballet 1 **MW** **5:30-6:30** **Ages 7+** **2 Units** **Red Studio**

Performance, Max Limit = 20

This class is for students beginning their formal dance training who are ready to learn more of the technical aspects and skills associated with ballet. This class will teach the fundamentals of ballet with an emphasis in proper technique and discipline. Ballet vocabulary will be introduced. Students should be no younger than 7 years old. Most students spend a minimum of two years in this level.

Female Students: A LIGHT BLUE TCH Tank Leotard can be ordered via the [TCH Uniform Order Form](#) or purchased at The Culture Stage & Studio Store in Oak Park Mall. (Please see sizing chart and call the store for in-stock availability: 913-291-1972.)

Male Students: Some dance apparel available for order or purchase.

Ballet 1 (10+) **T** **4:15-5:45** **Ages 10+** **3 Units** **Orange Studio**
Th **6:45-8:15** **Orange Studio**

Performance, Max Limit = 20

This class is for the older student ready for formal ballet training emphasizing technical aspects and skills, proper vocabulary, discipline and technique. Students should be no younger than 10 years old. The class will introduce students to some of the Ballet 2 curriculum. Most students will spend a minimum of two years at this level.

Female Students: A PLUM TCH Camisole Leotard can be ordered via the [TCH Uniform Order Form](#) or purchased at The Culture Stage & Studio Store in Oak Park Mall. (Please see sizing chart and call the store for in-stock availability: 913-291-1972.)

Male Students: Some dance apparel available for order or purchase.

Ballet 2 **T** **5:45-7:15** **Ages 9+** **3 Units** **Orange Studio**
Th **6:15-7:45** **Red Studio**

Performance, Max Limit = 20

Prerequisite: Completed two years in Ballet 1 and approved to move up.

For the student who has spent at least two school years in Ballet 1 and has mastered all concepts of that class. Ballet 2 will build on the fundamentals of Ballet 1 while introducing more vocabulary and more complex movements and structure. Most students will spend a minimum of two years at this level.

Female Students: A VIOLET TCH Camisole Leotard can be ordered via the [TCH Uniform Order Form](#) or purchased at The Culture Stage & Studio Store in Oak Park Mall. (Please see sizing chart and call the store for in-stock availability: 913-291-1972.)

Male Students: Some dance apparel available for order or purchase.

Ballet 3 w/ Pre-Pointe **S** **9:30-11:00** **Ages 9+** **5.5 Units** **Blue Studio**
W **5:30-7:00** **Orange Studio**
W **7:15-8:15 (Pointe)** **Orange Studio**

Th 5:15-6:45

Orange Studio

Performance, Max Limit =25

Prerequisite: Completed at least one year in Ballet 2 and approved to move up.

For the student who has spent at least one year in Ballet 2. Ballet 3 is the student's first intermediate year of study and is full of new challenges. Class times are lengthened at this level. Students will be executing more complex combinations as well as being introduced to pointe work. Most students will spend a minimum of two years at this level. Pre Pointe/Pointe for Ballet 3 is mandatory (MUST be taken concurrently.)

Female Students: A SLATE BLUE TCH Camisole Leotard can be ordered via the [TCH Uniform Order Form](#) or purchased at The Culture Stage & Studio Store in Oak Park Mall. (Please see sizing chart and call the store for in-stock availability: 913-291-1972.)

Male Students: Some dance apparel available for order or purchase.

Ballet 4 w/ Pointe

MT	4:00-5:30	Ages 9+	9.5 Units	Blue Studio
M	5:30-6:30 (Pointe)			Blue Studio
W	4:00-6:00			Blue Studio
W	6:00-7:00 (Pointe)			Blue Studio
Th	4:15-5:15 (Conditioning)			Purple Studio
Th	5:15-6:45			Blue Studio
Sat	9:30-11:00 (optional)		1.5 Units	Purple Studio

Performance, Max Limit = 25

Prerequisite: Completed at least one year in Ballet 3 and approved to move up.

Ballet 4 will continue building the student's vocabulary while allowing them to attempt more complex choreography. Emphasis will be placed on the carriage and proper use of the upper body in addition to refining the technique of the lower body. Class frequency is increased and pointe class is mandatory at this level. Most students will spend a minimum of two years at this level.

Female Students: A PEACOCK TCH Camisole Leotard can be ordered via the [TCH Uniform Order Form](#) or purchased at The Culture Stage & Studio Store in Oak Park Mall. (Please see sizing chart and call the store for in-stock availability: 913-291-1972.)

Male Students: Some dance apparel available for order or purchase.

Ballet 5 w/ Pointe & Classical Variations

MT	4:00-5:30	Ages 9+	12 Units	Or/Pur Studio
MT	5:30-6:30 (Pointe)			Pur/Bl Studio
W	4:00-6:00			Purple Studio
W	6:00-7:00 (Pointe)			Purple Studio
Th	4:15-5:15 (Conditioning)			Purple Studio
Th	5:15-6:45			Purple Studio
Sat	9:30-11:00			Purple Studio

Performance, Max Limit = 25

Prerequisite: Completed at least one year in Ballet 4 and approved to move up.

This class is designed for the advanced- intermediate student. Ballet 5 dancers will be challenged to handle more difficult combinations at a faster pace. Center work will include more advanced turning and jumping exercises. At this level, pointe class is mandatory. Young men at this level begin to perform steps and combinations that are specially designed for the male dancer. Most students will spend a minimum of two years at this level.

Female Students: A TEAL TCH Camisole Leotard can be ordered via the [TCH Uniform Order Form](#) or purchased at The Culture Stage & Studio Store in Oak Park Mall. (Please see sizing chart and call the store for in-stock availability: 913-291-1972.)

Male Students: Some dance apparel available for order or purchase.

Ballet 6 w/ Pointe & Classical Variations

MT	4:00-5:30	Ages 9+	12 Units	Purple Studio
MT	5:30-6:30 (Pointe)			Purple Studio
W	4:00-6:00			Purple Studio

W	6:00-7:00 (Pointe Variations)	Purple Studio
Th	4:15-5:15 (Conditioning)	Purple Studio
Th	5:15-6:45	Purple Studio
Sat	9:30-11:00	Purple Studio

Performance, Max Limit = 25

Prerequisite: Completed at least one year in Ballet 5 and approved to move up.

Ballet 6 is our most advanced level of ballet offered. Students at this level must demonstrate technical proficiency and should be able to execute any and all movements asked of them. Dancers in this class refine their technique and begin mastering the performing skills and artistry required for professional companies. At this level, pointe class is mandatory. Classical variations are studied extensively, and dancers begin the study of partnering. Most students will spend a minimum of two years at this level.

Female Students: An EGGPLANT TCH Camisole Leotard can be ordered via the [TCH Uniform Order Form](#) or purchased at The Culture Stage & Studio Store in Oak Park Mall. (Please see sizing chart and call the store for in-stock availability: 913-291-1972.)

Male Students: Some dance apparel available for order or purchase.

Pilates/Dance Conditioning

for Ballet 4, 5, 6 and Adults

Th	4:15-5:15	Ages 9-18	1 Unit	Purple Studio
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Non Performance, Max Limit = 15

****Those over age 18 register in the same class but in adult age grouping.***

Prerequisite: Must be Ballet 4 or higher OR an adult over the age of 18

A class perfect for dancers and non-dancers alike. Pilates conditions the body and helps it move efficiently with grace and ease. It is excellent for injury prevention and provides abdominal strength, flexibility, and balance, creating stronger, longer, leaner muscles.

Teen/Adult Beginning Ballet

M	6:30-7:30	Ages 12-18	1 Unit	Orange Studio
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Non Performance, Max Limit = 15

****Those over age 18 register in the same class but in adult age grouping.***

This is a once a week ballet class for beginning students who have not had much training in the past but wish to learn or just want a class to stay in shape. This class is also perfect for jazz or musical theater students who need a solid ballet foundation on which to build their skills. This class proceeds at a more relaxed pace than our other ballet classes.

Teen/Adult Intermediate Ballet

M	7:30-9:00	Ages 12-18	1.5 Unit	Orange Studio
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Non Performance, Max Limit = 15

****Those over age 18 register in the same class but in adult age grouping.***

This class is geared toward students at an intermediate skill level who want a good ballet workout. It is perfect for high school or college age students who desire a once-a-week class or adults who have had some training in the past and would like to keep up their skill. This class proceeds at a more relaxed pace than our other ballet classes.

Teen/Adult Advanced Ballet

& Ballet 4, 5, 6

Sat	9:30-11:00	Ages 12-18	1.5 Units	Purple Studio
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Non Performance, Max Limit = 15

****Those over age 18 register in the same class but in adult age grouping.***

This class is geared toward students at a high-intermediate/advanced skill level who want a good ballet workout. It is perfect for high school or college age students who desire a once-a-week class or adults who have had extensive training in the past and would like to keep up their skill.

MODERN:

Teen/Adult Advanced Ballet**& Ballet 4, 5, 6****Sat****9:30-11:00****Ages 18+****1.5 B-units****Purple Studio****Non Performance, Max Limit = 15**

This class is geared toward students at a high-intermediate/advanced skill level who want a good ballet workout. It is perfect for high school or college age students who desire a once-a-week class or adults who have had extensive training in the past and would like to keep up their skill.

Teen/Adult Tap 1**T****7:00-8:00****Ages 18+****1 B-unit****Red Studio****Non Performance, Max Limit = 15**

This class is for those that have little to no tap experience and for those that maybe tapped as a youth but haven't shuffled or flapped since. Students will focus on the fundamentals of tap technique and combinations while getting a great workout and having A LOT of fun! Come join us!

Teen/Adult Tap 2**T****8:00-9:00****Ages 18+****1 B-unit****Red Studio****Non Performance, Max Limit = 15**

Prerequisite: Successfully passed Adult Tap 1 or by teacher approval.

This class is for those that have successfully completed Adult Tap 1 or have a good knowledge of all beginning tap steps and combinations. Students will concentrate on tonal quality, accenting, shading and clustering, syncopation, and picking up by sight. Come expand your current knowledge while getting a great workout and having A LOT of fun!

Pilates/Dance Conditioning**for Ballet 4, 5, 6 and Adults****Th****4:15-5:15****Ages 18+****1 B-unit****Purple Studio****Non Performance, Max Limit = 15**

Prerequisite: Must be Ballet 4 or higher OR an adult over the age of 18

A class perfect for dancers and non-dancers alike. Pilates conditions the body and helps it move efficiently with grace and ease. It is excellent for injury prevention and provides abdominal strength, flexibility, and balance, creating stronger, longer, leaner muscles.

MUSICAL THEATRE DANCE:

See class listings on the [School of Theatre Quick View](#)

PERFORMING GROUP:**Infinity Dance Company****T/Th****8:00-9:00****Ages 9+****No units****Purple Studio****Full Year, No Max Limit, Audition Based**

Prerequisite: Ballet 4 or higher and Modern

Our pre-professional company based on ballet and modern choreography. Infinity will perform throughout the city and at Red Studio Live. Infinity dancers will take their inspirational message out into Kansas City to lift spirits and give hope. Infinity dancers may also be included in productions by our professional company, Störlling Dance Theater. Infinity will have opportunities to perform in the summer and may tour around the Kansas City area to youth camps, festivals, and gatherings.