



**BAD: Boys Athletic Dance/Pre-Hip Hop**      **W**      **5:30-6:30**      **Ages 5-8**      **1 B-unit**      **Red Studio**  
**40 Week Performance, Max Limit = 20**

In this boy's-only class, students will be introduced to the discipline and fundamentals of hip hop. They will strengthen the muscles in the abdomen, legs and ankles while gaining rhythm, coordination and improving stamina. Led by one of our top male dancers, Boy's Athletic Dance will put young male dancers on sure footing as they learn to dance with a strong male style.

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**BALLET:**

**Ballet 1**      **MW**      **4:15-5:15**      **Ages 7+**      **2 Units**      **Red Studio**  
**40 Week Performance, Max Limit = 20**

This class is for students beginning their formal dance training who are ready to learn more of the technical aspects and skills associated with ballet. This class will teach the fundamentals of ballet with an emphasis in proper technique and discipline. Ballet vocabulary will be introduced. Students should be no younger than 7 years old. Most students spend a minimum of two years in this level.

*Female Students: A LIGHT BLUE TCH Tank Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)*

**Ballet 1 (10+)**      **T**      **4:15-5:45**      **Ages 10+**      **3 Units**      **Orange Studio**  
**Th**      **5:15-6:45**      **Red Studio**

**40 Week Performance, Max Limit = 20**

This class is for the older student ready for formal ballet training emphasizing technical aspects and skills, proper vocabulary, discipline and technique. Students should be no younger than 10 years old. The class will introduce students to some of the Ballet 2 curriculum. Most students will spend a minimum of two years at this level.

*Female Students: A PLUM TCH Camisole Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)*

**Ballet 2**      **T**      **6:30-8:00**      **Ages 9+**      **3 Units**      **Blue Studio**  
**Th**      **6:45-8:15**      **Orange Studio**

**40 Week Performance, Max Limit = 40**

*Prerequisite: Completed two years in Ballet 1 and approved to move up.*

For the student who has spent at least two school years in Ballet 1 and has mastered all concepts of that class. Ballet 2 will build on the fundamentals of Ballet 1 while introducing more vocabulary and more complex movements and structure. Most students will spend a minimum of two years at this level.

*Female Students: A VIOLET TCH Camisole Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)*

**Ballet 3 w/ Pre-Pointe**      **M**      **5:15-6:45**      **Ages 9+**      **5.5 Units**      **Orange Studio**  
**W**      **5:30-7:00**      **Orange Studio**  
**W**      **7:15-8:15 (Pointe)**      **Orange Studio**  
**Th**      **5:15-6:45**      **Orange Studio**

**40 Week Performance, Max Limit = 30**

*Prerequisite: Completed at least one year in Ballet 2 and approved to move up.*

For the student who has spent at least one year in Ballet 2. Ballet 3 is the student's first intermediate year of study and is full of new challenges. Class times are lengthened at this level. Students will be executing more complex combinations as well as being introduced to pointe work. Most students will spend a minimum of two years at this level. Pre Pointe/Pointe for Ballet 3 is mandatory (MUST be taken concurrently.)

*Female Students: A CORAL TCH Camisole Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)*

<b>Ballet 4 w/ Pointe</b>	<b>MT</b>	<b>4:00-5:30</b>	<b>Ages 9+</b>	<b>9.5 Units</b>	<b>Blue Studio</b>
	<b>M</b>	<b>5:30-6:30 (Pointe)</b>			<b>Blue Studio</b>
	<b>W</b>	<b>4:00-6:00</b>			<b>Blue Studio</b>
	<b>W</b>	<b>6:00-7:00 (Pointe)</b>			<b>Blue Studio</b>
	<b>Th</b>	<b>4:15-5:15 (Conditioning)</b>			<b>Purple Studio</b>
	<b>Th</b>	<b>5:15-6:45</b>			<b>Blue Studio</b>
	<b>Sat</b>	<b>9:30-11:00 (optional)</b>		<b>1.5 Units</b>	<b>Purple Studio</b>

**40 Week Performance, Max Limit = 25**

*Prerequisite: Completed at least one year in Ballet 3 and approved to move up.*

Ballet 4 will continue building the student's vocabulary while allowing them to attempt more complex choreography. Emphasis will be placed on the carriage and proper use of the upper body in addition to refining the technique of the lower body. Class frequency is increased and pointe class is mandatory at this level. Most students will spend a minimum of two years at this level.

*Female Students: A PEACOCK TCH Camisole Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)*

<b>Ballet 5 w/ Pointe &amp; Classical Variations</b>	<b>MT</b>	<b>4:00-5:30</b>	<b>Ages 9+</b>	<b>12 Units</b>	<b>Purple Studio</b>
	<b>MT</b>	<b>5:30-6:30 (Pointe)</b>			<b>Pur/Bl Studio</b>
	<b>W</b>	<b>4:00-6:00</b>			<b>Purple Studio</b>
	<b>W</b>	<b>6:00-7:00 (Pointe)</b>			<b>Blue Studio</b>
	<b>W</b>	<b>6:00-7:00 (Pointe Variations)</b>			<b>Purple Studio</b>
	<b>Th</b>	<b>4:15-5:15 (Conditioning)</b>			<b>Purple Studio</b>
	<b>Th</b>	<b>5:15-6:45</b>			<b>Purple Studio</b>
<b>Sat</b>	<b>9:30-11:00</b>			<b>Purple Studio</b>	

**40 Week Performance, Max Limit = 25**

*Prerequisite: Completed at least one year in Ballet 4 and approved to move up.*

This class is designed for the advanced- intermediate student. Ballet 5 dancers will be challenged to handle more difficult combinations at a faster pace. Center work will include more advanced turning and jumping exercises. At this level, pointe class is mandatory. Young men at this level begin to perform steps and combinations that are specially designed for the male dancer. Most students will spend a minimum of two years at this level.

*Female Students: A TEAL TCH Camisole Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)*

<b>Ballet 6 w/ Pointe &amp; Classical Variations</b>	<b>MT</b>	<b>4:00-5:30</b>	<b>Ages 9+</b>	<b>12 Units</b>	<b>Purple Studio</b>
	<b>MT</b>	<b>5:30-6:30 (Pointe)</b>			<b>Purple Studio</b>
	<b>W</b>	<b>4:00-6:00</b>			<b>Purple Studio</b>
	<b>W</b>	<b>6:00-7:00 (Pointe)</b>			<b>Blue Studio</b>
	<b>W</b>	<b>6:00-7:00 (Pointe Variations)</b>			<b>Purple Studio</b>
	<b>Th</b>	<b>4:15-5:15 (Conditioning)</b>			<b>Purple Studio</b>
	<b>Th</b>	<b>5:15-6:45</b>			<b>Purple Studio</b>
<b>Sat</b>	<b>9:30-11:00</b>			<b>Purple Studio</b>	

**40 Week Performance, Max Limit = 25**

*Prerequisite: Completed at least one year in Ballet 5 and approved to move up.*

Ballet 6 is our most advanced level of ballet offered. Students at this level must demonstrate technical proficiency and should be able to execute any and all movements asked of them. Dancers in this class refine their technique and begin mastering the performing skills and artistry required for professional companies. At this level, pointe class is mandatory. Classical variations are studied extensively, and dancers begin the study of partnering. Most students will spend a minimum of two years at this level.

*Female Students: An EGGPLANT TCH Camisole Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)*



those dance students who demonstrate an intermediate level of dance technique and an interest in exploring dance movement as a creative and expressive art form.

<b>Modern 3</b>	<b>M</b>	<b>6:45-7:45</b>	<b>Ages 10+</b>	<b>2 Units</b>	<b>Purple Studio</b>
	<b>W</b>	<b>7:15-8:15</b>			<b>Purple Studio</b>

**40 Week Performance, Max Limit = 25**

***Concurrent enrollment in Ballet 2 or higher is required.***

*Prerequisite: Successfully passed Modern 2 or by teacher approval.*

Designed for the advanced dancer, Modern 3 will challenge students with exercises and choreography to broaden their movement vocabulary and physical endurance. Emphasis is given to a wider range of modern styles and exercises. Students learn to take responsibility for their personal health and to care for their dance instrument. It is likely that students will spend a minimum of two years at this level.

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## **JAZZ:**

<b>Jazz 1</b>	<b>Th</b>	<b>4:15-5:15</b>	<b>Ages 8+</b>	<b>1 Unit</b>	<b>Orange Studio</b>
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**40 Week Performance, Max Limit = 20**

***It is STRONGLY recommended that Jazz students be enrolled in a Ballet class.***

This energetic class consists of foundational jazz dance elements including; counting & timing, directional changing, spotting, body alignment, contractions, isolations, jumps, turns and combinations. Dancers will also experience center core strengthening and stretching.

<b>Jazz 2</b>	<b>T</b>	<b>5:45-6:45</b>	<b>Ages 8+</b>	<b>1 Unit</b>	<b>Orange Studio</b>
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**40 Week Performance, Max Limit = 20**

***It is STRONGLY recommended that Jazz students be enrolled in a Ballet class.***

*Prerequisite: Successfully passed Jazz 1 or by teacher approval.*

Students will review and continue with the foundational elements introduced in Jazz I. They will increase their vocabulary, understanding, and execution of these elements as they learn more compound, progressive, and complex combinations. Students will also experience a concentrated focus on isolations, contractions, body alignment, transitioning, and center core strength.

<b>Jazz 3</b>	<b>T</b>	<b>6:45-7:45</b>	<b>Ages 8+</b>	<b>2 Units</b>	<b>Orange Studio</b>
	<b>Th</b>	<b>6:45-7:45</b>			<b>Blue Studio</b>

**40 Week Performance, Max Limit = 25**

***It is STRONGLY recommended that Jazz students be enrolled in a Ballet class.***

*Prerequisite: Successfully passed Jazz 2 or by teacher approval.*

In addition to Jazz 2 elements, material covered in Jazz 3 will include; stage presence and staging, level changes, pirouettes, chaines turns, leaps, and more complex combinations. Dancers will continue core strengthening and increased extensions. It is likely that students will spend a minimum of two years at this level.

<b>Jazz 4</b>	<b>T/Th</b>	<b>6:45-8:00</b>	<b>Ages 8+</b>	<b>2.5 Units</b>	<b>Purple Studio</b>
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**40 Week Performance, Max Limit = 30**

***Prerequisite: Successfully passed Jazz 3 or by teacher approval. Ballet is required for enrollment in Jazz 4.***

Students will build upon elements learned in Jazz 1,2, and 3 as they learn about movement dynamics (accent, texture, and attitude), stylizing (lyrical, commercial, etc.), specialty jumps, turns, and more intricate use of the floor including knee work. It is likely that students will spend a minimum of two years at this level.

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## HIP HOP:

**BAD: Boys Athletic Dance/Pre-Hip Hop**      **W**      **5:30-6:30**      **Ages 5-8**      **1 B-unit**      **Red Studio**  
**40 Week Performance, Max Limit = 20**

In this boy's-only class, students will be introduced to the discipline and fundamentals of hip hop. They will strengthen the muscles in the abdomen, legs and ankles while gaining rhythm, coordination and improving stamina. Led by one of our top male dancers, Boy's Athletic Dance will put young male dancers on sure footing as they learn to dance with a strong male style.

**Hip Hop 1**      **W**      **6:30-7:30**      **Ages 8+**      **1 Unit**      **Red Studio**  
**40 Week Performance, Max Limit = 20**

The class format consists of a warm up / dance routine / cool-down. Through physical training, the Hip-Hop course will enhance student's physical health, increase their stamina, and coordination. Students will also learn to dance according to the trend of today's music.

**Hip Hop 2**      **W**      **7:30-8:30**      **Ages 8+**      **1 Unit**      **Red Studio**  
**40 Week Performance, Max Limit = 20**

*Prerequisite: Successfully passed Hip Hop 1 or by teacher approval.*

This class teaches rhythm, coordination, musicality, and hip hop choreography without suggestive music/movements. Students are challenged to think on their feet while enjoying an energetic and fast-paced dance class. Our Hip Hop dancers develop focus, strength, and agility while having fun.

**Hip Hop 3**      **Sat**      **12:00-1:30**      **Ages 12+**      **1.5 Units**      **Orange Studio**  
**40 Week Performance, Max Limit = 30**

*Prerequisite: Successfully passed Hip Hop 2 or by teacher approval.*

This class builds upon skills learned in Hip Hop 1 and Hip Hop 2 and continues to teach rhythm, coordination, musicality, and hip hop choreography without suggestive music/movements. Students are challenged to think on their feet while enjoying an energetic and fast-paced dance class. Our Hip Hop dancers develop focus, strength, and agility while having fun. This class is an incredible workout and students will be pushed to the max!

**Hip Hop/Break Dancing**      **Sat**      **11:00-12:00**      **Ages 8+**      **1 Unit**      **Orange Studio**  
**32 Week Non Performance, Max Limit = 20**

Break dance is an exciting, athletic form of dancing that took the country by storm starting in the 1970's and can now be seen in productions from music video to Broadway. It's a fun style that youth developed hanging out together after school, and a style that all kinds of kids can enjoy. The instructor will be teaching the students incremental steps that lead up to the signature moves like toprock, downrock, power moves and freezes. Break dancers have a blast, get in great shape and inspire anyone who is watching.

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## BOYS ONLY:

**BAD: Boys Athletic Dance/Pre-Hip Hop**      **W**      **5:30-6:30**      **Ages 5-8**      **1 B-unit**      **Red Studio**  
**40 Week Performance, Max Limit = 20**

In this boy's-only class, students will be introduced to the discipline and fundamentals of hip hop. They will strengthen the muscles in the abdomen, legs and ankles while gaining rhythm, coordination and improving stamina. Led by one of our top male dancers, Boy's Athletic Dance will put young male dancers on sure footing as they learn to dance with a strong male style.

**Boys Dance & Conditioning**      **Th**      **8-9:30**      **Ages 10-18**      **1.5 Units**      **Blue Studio**  
**40 Week Non Performance, Max Limit = 20**





## MUSICAL THEATRE DANCE:

**Beginning Ballet for Broadway**                      **M**      **7:45-9:15**      **Ages 10-20**      **1.5 units**      **Orange Studio**  
**32 Week Non Performance, Max Limit = 20**

Ballet for Broadway is a beginner level ballet technique class created specifically for the musical theatre student.

Ballet is foundational for all Broadway dance styles and students will benefit greatly from this training!

\*\*\*This class is also offered as a part of Theatre Performance Package Level 1 or 2. \*\*\*

**Intermediate Ballet for Broadway**                      **M**      **7:45-9:15**      **Ages 12-20**      **1.5 units**      **Purple Studio**  
**32 Week Non Performance, Max Limit = 20**

Ballet for Broadway is an upper intermediate/advanced level ballet technique class created specifically for the serious musical theatre student. Ballet is foundational for all Broadway dance styles and students will benefit greatly from this training!

\*\*\*This class is also offered as a part of Theatre Performance Package Level 1 or 2. \*\*\*

**Beginning Broadway Tap**                                      **T**      **8:00-9:00**      **Ages 9-20**      **1 unit**      **Orange Studio**  
**32 Week Non Performance, Max Limit = 20**

Beginning Broadway Tap is an introductory tap class created specifically for the musical theatre student.

\*\*\*This class is also offered as a part of Theatre Performance Package Level 1 or 2. \*\*\*

**Broadway Jazz**    **Th**      **6:45-8:15**      **Ages 10-20**      **1.5 units**      **Red Studio**  
**32 Week Non Performance, Max Limit = 20**

Broadway Jazz is a jazz technique class created specifically for the musical theatre student. This class will focus specifically on Musical Theatre styles and choreography. Flexibility, technique, and overall strengthening will be emphasized.

**Musical Theatre Dance 1**                                      **Th**      **4:15-5:15**      **Ages 9-20**      **1 unit**      **Blue Studio**  
**16 Week Non Performance, Max Limit = 20**

This course serves theatre students by providing them with the experience of learning many dance steps and routines commonly used in auditions and productions. Students will work on physical areas such as: their posture, coordination, and confidence related to developing and portraying unique and defined characters. If you want to be a successful musical theatre performer, dance training is a MUST!

\*\*\*This class is also offered as a part of Theatre Performance Package Level 1. \*\*\*

**Musical Theatre Dance 2**                                      **W**      **8:15-9:15**      **Ages 12-20**      **1 Unit**      **Orange Studio**  
**16 Week Non Performance, Max Limit = 20**

Musical Theatre Dance Level 2 is for the experienced theatre student who has some dance training or experience. This class will teach a technical approach to dance, combining the skills of ballet and jazz with styles relevant to the musical theatre performer. In addition to the technical portion of class, students will learn choreography combinations in preparation for the upcoming season of productions at TCH. This class progresses from and builds on the skills being learned in Musical Theatre Dance Level 1.

\*\*\*This class is also offered as a part of the Theatre Performance Package Level 2. \*\*\*

**Boys Dance & Conditioning**                                      **Th**      **8-9:30**      **Ages 10-18**      **1.5 Units**      **Blue Studio**  
**40 Week Non Performance, Max Limit = 20**

Strength training is essential for building a solid foundation for dance. This class will be a great introduction for the male dancer, actor, or athlete wanting to improve his flexibility, posture, fitness, musicality and precision of movement. Combining dance technique with physical conditioning, this class will provide formal dance training while building strength and stamina. The students will also have the opportunity to learn stunts and choreography.

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**PERFORMING GROUP:**

**Infinity Dance Company**

**T/Th**

**8:00-9:00**

**Ages 9+**

**No units**

**Purple Studio**

**Full Year, No Max Limit, Audition Based**

*Prerequisite: Ballet 4 or higher and Modern*

Our pre-professional company based on ballet and modern choreography. Infinity will perform throughout the city and at Red Studio Live. Infinity dancers will take their inspirational message out into Kansas City to lift spirits and give hope. Infinity dancers may also be included in productions by our professional company, Störling Dance Theater. Infinity will have opportunities to perform in the summer and may tour around the Kansas City area to youth camps, festivals, and gatherings.