

SPRING 2017

School of Dance Class Schedule

PRE-DANCE:

Creative Movement 1 T 4:30-5:15 Ages 3 yrs 1 B-unit Red Studio

40 Week Performance, Max Limit = 15

This fun class is a creative and fun introduction to dance. This class explores movement and musical rhythms with exciting imagery and motivational songs to encourage these little ones. Children get to express their natural joy of movement in a nurturing and fun atmosphere. This class is 45 minutes long.

A PINK TCH Short-Sleeve Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)

Creative Movement 2 T 5:15-6:00 Ages 4 yrs 1 B-unit Red Studio

40 Week Performance, Max Limit = 15

This fun class is a creative and fun introduction to dance. This class explores movement and musical rhythms with exciting imagery and motivational songs to encourage these little ones. Children get to express their natural joy of movement in a nurturing and fun atmosphere. This class is 45 minutes long.

A PINK TCH Short-Sleeve Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)

Ballet/Tap Combo T 6:00-7:00 Ages 5-6 1 B-unit Red Studio

40 Week Performance, Max Limit = 20

This hour long class is a great way to introduce both ballet and tap to the beginner student in a way that is fun and imaginative. Students use their creativity as they explore movement and space all while excelling in listening, counting, coordination, and rhythm. Children express their natural enthusiasm for dance as they learn the foundational elements of ballet and tap in a disciplined yet fun atmosphere.

A PINK TCH Short-Sleeve Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)

Ballet/Tap Combo Th 5:30-6:30 Ages 5-6 1 B-unit Red Studio

40 Week Performance, Max Limit = 20

This hour long class is a great way to introduce both ballet and tap to the beginner student in a way that is fun and imaginative. Students use their creativity as they explore movement and space all while excelling in listening, counting, coordination, and rhythm. Children express their natural enthusiasm for dance as they learn the foundational elements of ballet and tap in a disciplined yet fun atmosphere.

A PINK TCH Short-Sleeve Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)

Pre-Ballet 1 M 5:15-6:15 Ages 5 1 Unit Red Studio

40 Week Performance, Max Limit = 20

An exciting beginning class for those students whose interest in ballet has just begun. This one hour class introduces the fundamentals of technique as well as focusing on musicality, strength-building, and following directions. The environment in the classroom is more structured; however, the emphasis of the class is on the students' pure joy of dance movement.

For the student who has spent at least two school years in Ballet 1 and has mastered all concepts of that class. Ballet 2 will build on the fundamentals of Ballet 1 while introducing more vocabulary and more complex movements and structure. Most students will spend a minimum of two years at this level.

Female Students: A VIOLET TCH Camisole Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)

<u>Ballet 3 w/ Pre-Pointe</u>	M	6:30-8:00	Ages 9+	5.5 Units	Blue Studio
	W	5:30-7:00			Orange Studio
	W (Pointe)	7:00-8:00			Orange Studio
	Th	6:45-8:15			Blue Studio

40 Week Performance, Max Limit = 30

Prerequisite: Completed at least one year in Ballet 2 and approved to move up.

For the student who has spent at least one year in Ballet 2. Ballet 3 is the student's first intermediate year of study and is full of new challenges. Class times are lengthened at this level. Students will be executing more complex combinations as well as being introduced to pointe work. Most students will spend a minimum of two years at this level. Pre Pointe/Pointe for Ballet 3 is mandatory (MUST be taken concurrently.)

Female Students: A CORAL TCH Camisole Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)

<u>Ballet 4 w/ Pointe</u>	MT	4:00-5:30	Ages 9+	9.5 Units	Blue Studio
	M (Pointe)	5:30-6:30			Blue Studio
	W	4:00-6:00			Blue Studio
	W (Pointe)	6:00-7:00			Blue Studio
	Th (Pilates)	4:15-5:15			Purple Studio
	Th	5:15-6:45			Blue Studio
	Sat (Optional)	9:30-11:00	Ages 9+	1.5 Units	Purple Studio

40 Week Performance, Max Limit = 25

Prerequisite: Completed at least one year in Ballet 3 and approved to move up.

Ballet 4 will continue building the student's vocabulary while allowing them to attempt more complex choreography. Emphasis will be placed on the carriage and proper use of the upper body in addition to refining the technique of the lower body. Class frequency is increased and pointe class is mandatory at this level. Most students will spend a minimum of two years at this level.

Female Students: A PEACOCK TCH Camisole Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)

<u>Ballet 5 w/ Pointe</u>	MT	4:00-5:30	Ages 9+	12 Units	Blue Studio
	MT (Pointe)	5:30-6:30			Blue Studio
	W	4:00-6:00			Blue Studio
	W (Pointe)	6:00-7:00			Blue Studio
	Th (Pilates)	4:15-5:15			Purple Studio
	Th	5:15-6:45			Blue Studio
	Sat	9:30-11:00			Purple Studio

40 Week Performance, Max Limit = 25

Prerequisite: Completed at least one year in Ballet 4 and approved to move up.

This class is designed for the advanced- intermediate student. Ballet 5 dancers will be challenged to handle more difficult combinations at a faster pace. Center work will include more advanced turning and jumping

exercises. At this level, pointe class is mandatory. Young men at this level begin to perform steps and combinations that are specially designed for the male dancer. Most students will spend a minimum of two years at this level.

Female Students: A TEAL TCH Camisole Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)

Ballet 6 w/ Pointe & Classical Variations

MT	4:00-5:30	Ages 9+	12 Units	Purple Studio
MT (Pointe)	5:30-6:30			Purple Studio
W	4:00-6:00			Purple Studio
W (Variations)	6:00-7:00			Purple Studio
Th (Pilates)	4:15-5:15			Purple Studio
Th	5:15-6:45			Purple Studio
Sat	9:30-11:00			Purple Studio

40 Week Performance, Max Limit = 25

Prerequisite: Completed at least one year in Ballet 5 and approved to move up.

Ballet 6 is our most advanced level of ballet offered. Students at this level must demonstrate technical proficiency and should be able to execute any and all movements asked of them. Dancers in this class refine their technique and begin mastering the performing skills and artistry required for professional companies. At this level, pointe class is mandatory. Classical variations are studied extensively, and dancers begin the study of partnering. Most students will spend a minimum of two years at this level.

Female Students: An EGGPLANT TCH Camisole Leotard will be billed and collected when signing up for this class. Please indicate leotard size when enrolling. (Please see sizing chart.)

BALLET: Recreational Program

<u>Adult/Teen-Adult Beginning Ballet</u>	M	7:15-8:15	Ages 14+	1 Unit	Red Studio
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32 Week Non Performance, Max Limit = 12

This is a once a week ballet class for beginning students who have not had much training in the past but wish to learn or just want a class to stay in shape. This class is also perfect for jazz or musical theater students who need a solid ballet foundation on which to build their skills. This class proceeds at a more relaxed pace than our other ballet classes.

<u>Adult/Teen-Adult Intermediate Ballet</u>	Th	5:15-6:45	Ages 14+	1.5 Unit	Orange Studio
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32 Week Non Performance, Max Limit = 12

This class is geared toward students at an intermediate skill level who want a good ballet workout. It is perfect for high school or college age students who desire a once-a-week class or adults who have had some training in the past and would like to keep up their skill. This class proceeds at a more relaxed pace than our other ballet classes.

<u>Adult/Teen-Adult Advanced Ballet & Ballet 4, 5, 6</u>	Sat	9:30-11:00	Ages 9+	1.5 Units	Purple Studio
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Jazz 1 M 6:30-7:30 Ages 8+ 1 Unit Orange Studio

40 Week Performance, Max Limit = 20

It is STRONGLY recommended that Jazz students be enrolled in a Ballet class.

This energetic class consists of foundational jazz dance elements including; counting & timing, directional changing, spotting, body alignment, contractions, isolations, jumps, turns and combinations. Dancers will also experience center core strengthening and stretching.

Jazz 2 Th 5:45-6:45 Ages 8+ 1 Unit Orange Studio

40 Week Performance, Max Limit = 20

It is STRONGLY recommended that Jazz students be enrolled in a Ballet class.

Prerequisite: Successfully passed Jazz 1 or by teacher approval.

Students will review and continue with the foundational elements introduced in Jazz I. They will increase their vocabulary, understanding, and execution of these elements as they learn more compound, progressive, and complex combinations. Students will also experience a concentrated focus on isolations, contractions, body alignment, transitioning, and center core strength.

Jazz 3 T/Th 6:45-8:00 Ages 8+ 2.5 Units Purple Studio

40 Week Performance, Max Limit = 25

It is STRONGLY recommended that Jazz students be enrolled in a Ballet class.

Prerequisite: Successfully passed Jazz 2 or by teacher approval.

In addition to Jazz 2 elements, material covered in Jazz 3 will include; stage presence and staging, level changes, pirouettes, chaines turns, leaps, and more complex combinations. Dancers will continue core strengthening and increased extensions. It is likely that students will spend a minimum of two years at this level.

Jazz 4 T/Th 6:45-8:00 Ages 8+ 2.5 Units Purple Studio

40 Week Performance, Max Limit = 30

Prerequisite: Successfully passed Jazz 3 or by teacher approval. **Ballet is required for enrollment in Jazz 4.**

Students will build upon elements learned in Jazz 1,2, and 3 as they learn about movement dynamics (accent, texture, and attitude), stylizing (lyrical, commercial, etc.), specialty jumps, turns, and more intricate use of the floor including knee work. It is likely that students will spend a minimum of two years at this level.

TAP:

Tap 1 Th 4:15-5:15 Ages 8+ 1 Unit Blue Studio

40 Week Performance, Max Limit = 20

Students begin with the basic elements, primary steps, shuffles, flap, ball change, buffalo, waltz clog and cramp roll. A fun and challenging class preparing the student for more complex combinations, Simple combinations will help students apply and retain material.

Tap 2 Th 4:15-5:15 Ages 8+ 1 Unit Orange Studio

40 Week Performance, Max Limit = 20

Prerequisite: Successfully passed Tap 1 or by teacher approval.

Includes and continues comprehension of Tap I elements and adds compound steps and combinations. Steps include Essence, Time Step, Maxi Ford, Front Irish and more. It is likely that students will spend a minimum of two years at this level.

Tap 3 **M** **8:00-9:00** **Ages 10+** **1 Unit** **Blue Studio**
40 Week Performance, Max Limit = 20

Prerequisite: Successfully passed Tap 2 or by teacher approval.

Students will continue perfecting material from Tap I and Tap II as they concentrate on tonal quality, accenting, shading and clustering, syncopation, and picking up by sight. Steps covered will include Flash steps, Wings, Double Pull Backs, Cincinnati and Time steps. It is likely that students will spend a minimum of two years at this level.

Adult/Teen-Adult Tap 1 **T** **7:00-8:00** **Ages 18+** **1 B-unit** **Orange Studio**
40 Week Non Performance, Max Limit = 20

This class is for those that have little to no tap experience and for those that maybe tapped as a youth but haven't shuffled or flapped since. Students will focus on the fundamentals of tap technique and combinations while getting a great workout and having A LOT of fun! Come join us!

Adult/Teen-Adult Tap 2 **T** **8:00-9:00** **Ages 18+** **1 B-unit** **Orange Studio**
40 Week Non Performance, Max Limit = 20

Prerequisite: Successfully passed Adult Tap 1 or by teacher approval.

This class is for those that have successfully completed Adult Tap 1 or have a good knowledge of all beginning tap steps and combinations. Students will concentrate on tonal quality, accenting, shading and clustering, syncopation, and picking up by sight. Come expand your current knowledge while getting a great workout and having A LOT of fun!

HIP HOP:

BAD: Boys Athletic Dance/Pre-Hip Hop **W** **5:30-6:30** **Ages 5-8** **1 B-unit** **Red Studio**
40 Week Performance, Max Limit = 20

In this boy's-only class, students will be introduced to the discipline and fundamentals of hip hop. They will strengthen the muscles in the abdomen, legs and ankles while gaining rhythm, coordination and improving stamina. Led by one of our top male dancers, Boy's Athletic Dance will put young male dancers on sure footing as they learn to dance with a strong male style.

Hip Hop 1 **W** **6:30-7:30** **Ages 8+** **1 Unit** **Red Studio**
40 Week Performance, Max Limit = 20

The class format consists of a warm up / dance routine / cool-down. Through physical training, the Hip-Hop course will enhance student's physical health, increase their stamina, and coordination. Students will also learn to dance according to the trend of today's music.

Hip Hop 1 **Sat** **11am-12:00** **Ages 8+** **1 Unit** **Orange Studio**
40 Week Performance, Max Limit = 20

The class format consists of a warm up / dance routine / cool-down. Through physical training, the Hip-Hop course will enhance student's physical health, increase their stamina, and coordination. Students will also learn to dance according to the trend of today's music.

Hip Hop 2 **W** **7:30-8:30** **Ages 8+** **1 Unit** **Red Studio**
40 Week Performance, Max Limit = 20

Prerequisite: Successfully passed Hip Hop 1 or by teacher approval.

This class teaches rhythm, coordination, musicality, and hip hop choreography without suggestive music/movements. Students are challenged to think on their feet while enjoying an energetic and fast-paced dance class. Our Hip Hop dancers develop focus, strength, and agility while having fun.

Hip Hop 3 **Sat** **12:00-1:30** **Ages 12+** **1.5 Units** **Orange Studio**
40 Week Performance, Max Limit = 30

Prerequisite: Successfully passed Hip Hop 2 or by teacher approval.

This class builds upon skills learned in Hip Hop 1 and Hip Hop 2 and continues to teach rhythm, coordination, musicality, and hip hop choreography without suggestive music/movements. Students are challenged to think on their feet while enjoying an energetic and fast-paced dance class. Our Hip Hop dancers develop focus, strength, and agility while having fun. This class is an incredible workout and students will be pushed to the max!

ADULTS:

Pilates/Dance Conditioning
for Ballet 4, 5, 6 and Adults **Th** **4:15-5:15** **Ages 9+** **1 Unit** **Purple Studio**
40 Week Non Performance, Max Limit = 30

Prerequisite: Must be Ballet 4 or higher OR an adult over the age of 18

A class perfect for dancers and non-dancers alike. Pilates conditions the body and helps it move efficiently with grace and ease. It is excellent for injury prevention and provides abdominal strength, flexibility, and balance, creating stronger, longer, leaner muscles.

Adult/Teen-Adult Beginning Ballet **M** **7:15-8:15** **Ages 14+** **1 Unit** **Red Studio**
32 Week Non Performance, Max Limit = 12

This is a once a week ballet class for beginning students who have not had much training in the past but wish to learn or just want a class to stay in shape. This class is also perfect for jazz or musical theater students who need a solid ballet foundation on which to build their skills. This class proceeds at a more relaxed pace than our other ballet classes.

Adult/Teen-Adult Intermediate Ballet **Th** **5:15-6:45** **Ages 14+** **1.5 Unit** **Orange Studio**
32 Week Non Performance, Max Limit = 12

This class is geared toward students at an intermediate skill level who want a good ballet workout. It is perfect for high school or college age students who desire a once-a-week class or adults who have had some training in the past and would like to keep up their skill. This class proceeds at a more relaxed pace than our other ballet classes.

Adult/Teen-Adult Advanced Ballet **Sat** **9:30-11:00** **Ages 9+** **1.5 Units** **Purple Studio**
32 Week Non Performance, Max Limit = 20

This class is geared toward students at a high-intermediate/advanced skill level who want a good ballet workout. It is perfect for high school or college age students who desire a once-a-week class or adults who have had extensive training in the past and would like to keep up their skill.

Adult/Teen-Adult Tap 1 **T** **7:00-8:00** **Ages 18+** **1 B-unit** **Orange Studio**
40 Week Non Performance, Max Limit = 20

This class is for those that have little to no tap experience and for those that maybe tapped as a youth but haven't shuffled or flapped since. Students will focus on the fundamentals of tap technique and combinations while getting a great workout and having A LOT of fun! Come join us!

Adult/Teen-Adult Tap 2 **T** **8:00-9:00** **Ages 18+** **1 B-unit** **Orange Studio**
40 Week Non Performance, Max Limit = 20

Prerequisite: Successfully passed Adult Tap 1 or by teacher approval.

This class is for those that have successfully completed Adult Tap 1 or have a good knowledge of all beginning tap steps and combinations. Students will concentrate on tonal quality, accenting, shading and clustering, syncopation, and picking up by sight. Come expand your current knowledge while getting a great workout and having A LOT of fun!

PERFORMING GROUP:

Infinity Dance Company **T** **8:00-9:00** **Ages 9+** **No units** **Purple Studio**
 Th **8:00-9:00** **Purple Studio**

Full Year, No Max Limit, Audition Based

Prerequisite: Ballet 4 or higher and Modern

Our pre-professional company based on ballet and modern choreography. Infinity will perform throughout the city and at Red Studio Live. Infinity dancers will take their inspirational message out into Kansas City to lift spirits and give hope. Infinity dancers may also be included in productions by our professional company, Störling Dance Theater. Infinity will have opportunities to perform in the summer and may tour around the Kansas City area to youth camps, festivals, and gatherings.